



# NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES

Institute of National Importance Hosur Road, Bengaluru – 560 029

राष्ट्रीय मानसिक स्वास्थ्य एवं तंत्रिका विज्ञान संस्थान (राष्ट्रीय प्रमुख्याथा संस्था) बेंगलुरु – 560 029

ರಾಷ್ಟ್ರೀಯ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಮತ್ತು ನರವಿಜ್ಞಾನ ಸಂಸ್ಥೆ (ರಾಷ್ಟ್ರೀಯ ಪ್ರಾಮುಖ್ಯತೆ ಸಂಸ್ಥೆ) ಬೆಂಗಳೂರು-560 029

NIMH/PROJ/DST/SG/PA/NOTIF./2021-22

Date: 27.04.2021

## NOTIFICATION

Applications are invited from the eligible candidates for filling up the post of “**Project Assistant**” on contract basis for the Science and Technology for Yoga and Meditation (SATYAM), Department of Science and Technology (DST) funded 10 months project entitled “**Stress, anxiety and depression in the first trimester of pregnancy and its outcome during COVID-19 pandemic: A multicentric case control study**” under Dr. Sundarnag Ganjekar, Associate Professor of Psychiatry & Principal Investigator.

In the proposed study there are 4 study sites and this includes 1. Ramaiah Medical College, Bengaluru, 2. MGM Medical College, Navi Mumbai, 3. JIPMER, Pondicherry and 4. Lady Hardinge Medical College, New Delhi. The applicants from Bengaluru, Navi Mumbai, Pondicherry and New Delhi will be preferred as it is expected that they know the local language and the selected candidate need to work under the respective Co-PI and Co-Investigator at each study site. The candidate with prior training / knowledge about the yoga and worked in perinatal mental health research are preferred.

Name of the post	<b>Project Assistant</b>
No. of post	4 (four)
Job Description	Project Assistant
Essential Qualification	B.Sc in Nursing / Yoga OR B.Sc. degree with 1 year of Postgraduate Diploma in Yoga therapy OR 3 years of Diploma in Nursing with minimum of 2 years of research experience
Desired Qualification	Research experience in Yoga therapy AND/OR Research experience in Perinatal mental health
Maximum age limit	50
Emoluments	Rs.20,000+24% HRA P.M
Duration of the post	Appointment will be made for a period of ten months.

Eligible candidates fulfilling the criteria, may apply by sending their resume (PDF format), certificates of qualification, experience and testimonial by email to [sundarnag@nimhans.ac.in](mailto:sundarnag@nimhans.ac.in) . The format for the resume is attached. The candidates have to quote the notification number in the covering letter.

The last date for receipt of filled in applications together with the relevant documents is **10<sup>th</sup> May 2021 at 4.00 pm**. Please note that late applications will not be entertained.

Sd/-  
**REGISTRAR**



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ರಾಷ್ಟ್ರೀಯ ಮಾನಸಿಕ ಸ್ವಾಸ್ಥ್ಯ ಉಂ ತಂತ್ರಿಕಾ ವಿಜ್ಞಾನ ಸಂಸ್ಥಾನ (ರಾಷ್ಟ್ರೀಯ ಪ್ರಮುಖಯಾಥಾ ಸಂಸ್ಥಾ) ಬೆಂಗಲೂರು – 560 029

ರಾಷ್ಟ್ರೀಯ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಮತ್ತು ನರವಿಜ್ಞಾನ ಸಂಸ್ಥೆ (ರಾಷ್ಟ್ರೀಯ ಪ್ರಾಮುಖ್ಯತೆ ಸಂಸ್ಥೆ) ಬೆಂಗಲೂರು – 560 029

## Format for Resume

1. Name of the candidate:
2. Age and Date of Birth:
3. Present address:
4. Permanent address:
5. Email:
6. Telephone number(s):
7. Academic qualifications

Name of examination/ degree	University/ Institution	Subject	Month & Year of completion

8. Experience (previous appointments held with date and duration):

Post held	Total period (from -to)	Organization/Institute

9. Details of qualifying national level exam conducted by UGC/ CSIR/ICMR/ DBT etc. or equivalent including year.
10. Research work (including dissertation, etc.,
11. Publications (if any):
12. Presentations in conferences (if any):
13. Honours/ awards (if any):
14. Training in Yoga (in any) and details of the same:
15. Any other relevant information